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B1

connecting a stress relief device to a computer monitor, the stress relief device comprising a support and a contact element connected to the support;  
operating the computer system; and  
striking or squeezing the contact element to relieve stress caused by operation of the computer system.

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B2

6. (Twice Amended) A method of relieving workplace stress, comprising the steps of:  
mounting a stress relief device at a workplace operator station, the stress relief device comprising a support and a contact element movably mounted on the support; and  
contacting the contact element to relieve workplace stress,  
wherein the mounting step includes attaching the device to at least one of a desktop computer monitor, a laptop computer, a vehicle dashboard, a work cubicle, and a desk.

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B3

7. (Amended) The method of claim 6, wherein the mounting step includes removably mounting the stress relief device on or adjacent a desktop computer monitor at the operator station.

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B4

11. (Twice Amended) An interactive computer-related stress relief device configured to be mounted on a desktop computer monitor of a computer system to relieve computer-related stress of the computer operator, the device comprising:  
a support connectable with the desktop computer monitor; and  
a contact element connected to the support.

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B5

19. (Twice Amended) A computer-related stress relief device configured to be mounted on a desktop computer monitor to relieve operator stress due to operation of the computer system, the device comprising:  
a support having a connector that is releasably engageable with the computer monitor; and  
a punching bag contact element movably mounted on the support and spaced from the connector, the contact element including a sound-producing device, the contact

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B5  
element configured to be contacted by a computer operator to relieve stress caused by operation of the computer system.

20. (Twice Amended) A workplace computer system, comprising:  
a computer monitor;  
a support having a first end and a second end, with a connector located at or near the first end and connectable with the computer monitor; and  
a punching bag contact element movably connected to the support at or near the second end, the contact element configured to be contacted by an operator of the workplace computer system to relieve workplace stress caused by operation of the computer system.

Please add new claims 22 and 23 as follows:

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--22. The workplace computer system of claim 1, wherein the operating step includes word processing.

23. The workplace computer system of claim 1, wherein the computer monitor is a desktop computer monitor.--

#### REMARKS

This Amendment amends claims 1, 6, 7, 11, 19, and 20 and adds new claims 22 and 23 in accordance with the original disclosure. Support for the claim amendments is found, for example, in the specification at page 1, paragraph 3; page 3, paragraph 17; page 4, paragraph 18; and page 6, paragraphs 26 and 27. Claims 1-23 are now present in this application.

#### Drawing Corrections

As required by the Examiner, Applicant encloses herewith a set of corrected drawings, which include the drawing corrections to Fig. 1 approved by the Examiner.